

Lecture 2

Smooth and Convex Functions

Classes of differentiable functions

Let \mathcal{S} be a subset of \mathbb{R}^d and $\mathcal{C}_L^{k,p}(\mathcal{S})$ denote a family of functions satisfying

- Any $f \in \mathcal{C}_L^{k,p}(\mathcal{S})$ is k times continuously differentiable over \mathcal{S} .
- Its p th derivative is Lipschitz continuous on \mathcal{S} with constant L , i.e.,

$$\|\nabla^p f(\mathbf{x}) - \nabla^p f(\mathbf{y})\|_2 \leq L\|\mathbf{x} - \mathbf{y}\|_2, \text{ for any } \mathbf{x}, \mathbf{y} \in \mathcal{S}.$$

In this course, the function class $\mathcal{C}_L^{1,1}(\mathcal{S})$ is of particular interest and we call any $f \in \mathcal{C}_L^{1,1}(\mathcal{S})$ *L -smooth* on \mathcal{S} .

The Lipschitz continuity controls the rate of changes and the following lemma shows the fact in a special case.

Lemma 2.0.1

A function $f : \mathcal{S} \subset \mathbb{R}^d \rightarrow \mathbb{R}$ belongs to $\mathcal{C}_L^{2,1}(\mathcal{S}) \subset \mathcal{C}_L^{1,1}(\mathcal{S})$ iff. (if and only if)

$$\|\nabla^2 f(\mathbf{x})\| \leq L, \text{ for any } \mathbf{x} \in \mathcal{S}.$$

Proof. (\Rightarrow) If $f \in \mathcal{C}_L^{2,1}(\mathcal{S})$, we have

$$\|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2 \leq L\|\mathbf{x} - \mathbf{y}\|_2, \text{ for any } \mathbf{x}, \mathbf{y} \in \mathcal{S}.$$

Let $\mathbf{y} := \mathbf{x} + \alpha\mathbf{d}$ for $\mathbf{d} \in \mathbb{R}^d \setminus \{\mathbf{0}\}$ and small $\alpha > 0$.

$$\begin{aligned} \|\nabla f(\mathbf{x} + \alpha\mathbf{d}) - \nabla f(\mathbf{x})\|_2 &= \left\| \int_0^\alpha \nabla^2 f(\mathbf{x} + \tau\mathbf{d}) \mathbf{d} d\tau \right\| \\ &\leq \alpha L \|\mathbf{d}\| \end{aligned}$$

For the inequality, dividing both sides by α and $\|\mathbf{d}\|$ yields

$$\left\| \frac{\int_0^\alpha \nabla^2 f(\mathbf{x} + \tau\mathbf{d}) \mathbf{d} d\tau}{\alpha \|\mathbf{d}\|} \right\| \leq L.$$

Taking $\alpha \rightarrow 0^+$

$$\begin{aligned} \lim_{\alpha \rightarrow 0^+} \left\| \frac{\int_0^\alpha \nabla^2 f(\mathbf{x} + \tau \mathbf{d}) \mathbf{d} d\tau}{\alpha \|\mathbf{d}\|} \right\| &= \left\| \lim_{\alpha \rightarrow 0^+} \frac{\int_0^\alpha \nabla^2 f(\mathbf{x} + \tau \mathbf{d}) \mathbf{d} d\tau}{\alpha \|\mathbf{d}\|} \right\| \\ &= \left\| \nabla^2 f(\mathbf{x}) \frac{\mathbf{d}}{\|\mathbf{d}\|} \right\| \leq L. \end{aligned}$$

By the definition of induced norm of matrices, we immediately have $\|\nabla^2 f(\mathbf{x})\| \leq L$.

(\Leftarrow) It is trivial by using the Newton-Leibniz formula

$$\nabla f(\mathbf{y}) - \nabla f(\mathbf{x}) = \int_0^1 \nabla^2 f(\mathbf{x} + \tau(\mathbf{y} - \mathbf{x})) \cdot (\mathbf{y} - \mathbf{x}) d\tau,$$

for any $\mathbf{x}, \mathbf{y} \in \mathcal{S}$. □

Smooth convex functions

Definition 2.0.2: Convex sets

Let $\mathcal{S} \subseteq \mathbb{R}^d$. \mathcal{S} is a **convex set** if

$$\lambda \mathbf{x} + (1 - \lambda) \mathbf{y} \in \mathcal{S},$$

for any $\mathbf{x}, \mathbf{y} \in \mathcal{S}$ and $\lambda \in [0, 1]$.

Definition 2.0.3: Differentiable convex function

A continuously differentiable function f is called **convex** on a convex set \mathcal{S} if for any $\mathbf{x}, \mathbf{y} \in \mathcal{S}$ we have

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle.$$

Remark.

- For a differentiable convex function, the graph of the function always lies above (or on) its tangent lines at any point
- The definition of convex functions is equivalent to

$$f(\lambda \mathbf{x} + (1 - \lambda) \mathbf{y}) \leq \lambda f(\mathbf{x}) + (1 - \lambda) f(\mathbf{y})$$

for any $\mathbf{x}, \mathbf{y} \in \mathcal{S}$ and $\lambda \in [0, 1]$, if f is defined and differentiable on the convex set \mathcal{S} .

- If $-f$ is convex, we call f **concave**.

Theorem 2.0.4

A continuously differentiable function f is convex on a convex set \mathcal{S} iff. for any \mathbf{x}, \mathbf{y} we have

$$\langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \geq 0.$$

Proof. (\Rightarrow) It is trivial by the definition of differentiable convex functions.

(\Leftarrow) By the Newton-Leibniz formula, we have

$$\begin{aligned} f(\mathbf{y}) - f(\mathbf{x}) &= \int_0^1 \langle \nabla f(\mathbf{x} + \tau(\mathbf{y} - \mathbf{x})), \mathbf{y} - \mathbf{x} \rangle d\tau \\ &= \int_0^1 \langle \nabla f(\mathbf{x} + \tau(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}) + \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle d\tau \\ &= \int_0^1 \langle \nabla f(\mathbf{x} + \tau(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle d\tau + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle \\ &\geq \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle. \end{aligned}$$

□

Theorem 2.0.5

Let \mathcal{S} be an open set. A twice continuously differentiable function f is convex iff. for any $\mathbf{x} \in \mathcal{S}$ we have

$$\nabla^2 f(\mathbf{x}) \succeq 0.$$

Proof. We skip the proof here.

□

Theorem 2.0.6: Sufficient condition for optimality

Suppose $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is L -smooth and convex. If $\nabla f(\mathbf{x}^*) = 0$ then \mathbf{x}^* is the global minimum of f on \mathbb{R}^d .

Proof. We also skip the proof.

□

The following theorem shows the optimal condition on a subset of \mathbb{R}^d .

Theorem 2.0.7: Optimal condition on a closed and convex set

Let $f : \mathcal{S} \subseteq \mathbb{R}^d \rightarrow \mathbb{R}$ be continuously differentiable and convex. Suppose \mathcal{S} is a closed and convex set. Then a point \mathbf{x}^* is a minimum point of f on \mathcal{S} iff.

$$\langle \nabla f(\mathbf{x}^*), \mathbf{x} - \mathbf{x}^* \rangle \geq 0$$

for any $\mathbf{x} \in \mathcal{S}$.

Proof. (\Rightarrow) Suppose there exists some $\mathbf{x}^\ddagger \in \mathcal{S}$ such that

$$\langle \nabla f(\mathbf{x}^*), \mathbf{x}^\ddagger - \mathbf{x}^* \rangle < 0.$$

By the definition of directional derivative, we have

$$\lim_{t \rightarrow 0^+} \frac{f(\mathbf{x}^* + t(\mathbf{x}^\dagger - \mathbf{x}^*)) - f(\mathbf{x}^*)}{t} = \langle \nabla f(\mathbf{x}^*), \mathbf{x}^\dagger - \mathbf{x}^* \rangle < 0.$$

Hence, for some small t_0 such that $\mathbf{x}^* + t_0(\mathbf{x}^\dagger - \mathbf{x}^*) \in \mathcal{S}$,

$$f(\mathbf{x}^* + t_0(\mathbf{x}^\dagger - \mathbf{x}^*)) < f(\mathbf{x}^*)$$

which leads to contradiction with the optimal of \mathbf{x}^* .

(\Leftarrow) It is trivial. □

Theorem 2.0.8

Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be L -smooth and convex. The following inequalities hold for any $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$.

$$\begin{aligned} f(\mathbf{y}) &\leq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|_2^2 \\ \frac{1}{2L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2 &\leq f(\mathbf{y}) - f(\mathbf{x}) - \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle. \end{aligned}$$

Proof. To show the first inequality, we have

$$\begin{aligned} f(\mathbf{y}) - f(\mathbf{x}) &= \int_0^1 \langle \nabla f(\mathbf{x} + \tau(\mathbf{y} - \mathbf{x})), \mathbf{y} - \mathbf{x} \rangle d\tau \\ &= \int_0^1 \langle \nabla f(\mathbf{x} + \tau(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}) + \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle d\tau \\ &= \int_0^1 \langle \nabla f(\mathbf{x} + \tau(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle d\tau + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle \\ &\leq \int_0^1 \|\nabla f(\mathbf{x} + \tau(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x})\| \cdot \|\mathbf{y} - \mathbf{x}\| d\tau + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle \\ &\leq \int_0^1 L\tau \|\mathbf{y} - \mathbf{x}\|^2 d\tau + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle \\ &= \frac{L}{2} \|\mathbf{y} - \mathbf{x}\|^2 + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle, \end{aligned}$$

which is rearranged as

$$f(\mathbf{y}) \leq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|_2^2. \quad (\text{Upper-Bound})$$

To show the second inequality, we first take $\mathbf{y} = \mathbf{x} - \frac{1}{L} \nabla f(\mathbf{x})$ in (Upper-Bound) and obtain

$$\frac{1}{2L} \|\nabla f(\mathbf{x})\|_2^2 \leq f(\mathbf{x}) - f(\mathbf{x} - \frac{1}{L} \nabla f(\mathbf{x})) \quad \text{for any } \mathbf{x} \in \mathbb{R}^d.$$

Let us fix \mathbf{x} and define $\phi(\mathbf{y}) = f(\mathbf{y}) - \langle \nabla f(\mathbf{x}), \mathbf{y} \rangle$ for any $\mathbf{y} \in \mathbb{R}^d$. Note that $\phi(\mathbf{z})$ is L -smooth and convex, and hence

$$\frac{1}{2L} \|\nabla \phi(\mathbf{y})\|_2^2 \leq \phi(\mathbf{y}) - \phi(\mathbf{y} - \frac{1}{L} \nabla \phi(\mathbf{y})).$$

Since $\nabla\phi(\mathbf{x}) = 0$, ϕ attains its minimum at \mathbf{x} . Therefore

$$\begin{aligned} \frac{1}{2L}\|\nabla\phi(\mathbf{y})\|_2^2 &\leq \phi(\mathbf{y}) - \phi\left(\mathbf{y} - \frac{1}{L}\nabla\phi(\mathbf{y})\right) \\ &\leq \phi(\mathbf{y}) - \phi(\mathbf{x}), \end{aligned}$$

and we get the second inequality since $\nabla\phi(\mathbf{y}) = \nabla f(\mathbf{y}) - \nabla f(\mathbf{x})$. \square

Remark.

These two inequalities are important for convergence analysis of first-order methods.

We know that the convex functions are not necessarily to be differentiable.

Definition 2.0.9: Not-necessarily differentiable convex functions

A function f is called convex on a convex set \mathcal{S} if for any $\mathbf{x}, \mathbf{y} \in \mathcal{S}$ we have

$$f(\lambda\mathbf{x} + (1 - \lambda)\mathbf{y}) \leq \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y})$$

for any $\lambda \in [0, 1]$.

We have mentioned that these two definitions of convex functions are equivalent if f is differentiable on \mathcal{S} .

Lemma 2.0.10: Jensen's inequality

Let $f : \mathcal{S} \subseteq \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and \mathcal{S} is a convex set. Then for any sequence of $(\mathbf{x}_i)_{i=1}^n \subseteq \mathcal{S}$ and any $n \in \mathbb{N}$, we have

$$f\left(\sum_{i=1}^n \alpha_i \mathbf{x}_i\right) \leq \sum_{i=1}^n \alpha_i f(\mathbf{x}_i)$$

if $\sum_{i=1}^n \alpha_i = 1$ and $\alpha_i \geq 0 (i = 1, 2, \dots, n)$.

We call \mathbf{z} is a **convex combination** of $\{\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_n\}$ if there exists $\boldsymbol{\lambda} = (\lambda_i) \in \mathbb{R}^n$ such that

$$\mathbf{z} = \sum_{i=1}^n \lambda_i \mathbf{x}_i$$

satisfying $\sum_{i=1}^n \lambda_i = 1$ and $\lambda_i \geq 0$ for all i .

Definition 2.0.11: Convex hulls

Let $\mathcal{S} \subseteq \mathbb{R}^d$. We call a set **convex hull** of \mathcal{S} , denoted by $\text{conv}(\mathcal{S})$ if any element of this set, can be expressed as a convex combination of points from \mathcal{S} . Mathematically, for any $\mathbf{z} \in \text{conv}(\mathcal{S})$, there exists a sequence $\{\mathbf{x}_i\}_{i=1}^n \subseteq \mathcal{S}$ for $n \in \mathbb{N}$ such that

$$\mathbf{z} = \sum_{i=1}^n \lambda_i \mathbf{x}_i$$

satisfying $\sum_{i=1}^n \lambda_i = 1$ and $\lambda_i \geq 0$ for all i .

By Jensen's inequality, we immediately reach the following lemma.

Lemma 2.0.12

Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and \mathcal{S} be a subset of \mathbb{R}^d . Then we have

$$\max_{\mathbf{x} \in \text{conv}(\mathcal{S})} f(\mathbf{x}) = \max_{\mathcal{S}} f(\mathbf{x}).$$

Proof. Since $\mathcal{S} \subseteq \text{conv}(\mathcal{S})$, we have

$$\max_{\mathbf{x} \in \text{conv}(\mathcal{S})} f(\mathbf{x}) \geq \max_{\mathcal{S}} f(\mathbf{x}).$$

For any $\mathbf{z} \in \text{conv}(\mathcal{S})$, there exists a $n \in \mathbb{N}$ and a sequence $(\mathbf{x}_i)_{i=1}^n \subseteq \mathcal{S}$ such that

$$\mathbf{z} = \sum_{i=1}^n \alpha_i \mathbf{x}_i$$

for some $\alpha_i \geq 0 (i = 1, 2, \dots, n)$ and $\sum_{i=1}^n \alpha_i = 1$.

Therefore, by Jensen's inequality

$$f(\mathbf{z}) = f\left(\sum_{i=1}^n \alpha_i \mathbf{x}_i\right) \leq \sum_{i=1}^n \alpha_i f(\mathbf{x}_i) \leq \max_{\mathcal{S}} f(\mathbf{x}) \sum_{i=1}^n \alpha_i \leq \max_{\mathcal{S}} f(\mathbf{x}).$$

For the arbitrariness of $\mathbf{z} \in \text{conv}(\mathcal{S})$, we have

$$\max_{\mathbf{x} \in \text{conv}(\mathcal{S})} f(\mathbf{x}) \leq \max_{\mathcal{S}} f(\mathbf{x}).$$

□

We present in the following that the non-necessarily differentiable (NND) convex functions are locally bounded and locally Lipschitz continuous.

Theorem 2.0.13

Let $f : \mathcal{S} \subseteq \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and $\mathbf{x}_0 \in \text{int}(\mathcal{S})$. Then f is locally bounded, i.e., $\exists \epsilon > 0$ and $M(\mathbf{x}_0, \epsilon) > 0$ such that

$$f(\mathbf{x}) \leq M(\mathbf{x}_0, \epsilon) \text{ for any } \mathbf{x} \in \mathcal{B}_2(\mathbf{x}_0, \epsilon) := \{\mathbf{x} \in \mathbb{R}^d : \|\mathbf{x} - \mathbf{x}_0\|_2 \leq \epsilon\}$$

Proof. Since $\mathbf{x}_0 \in \text{int}(\mathcal{S})$, there exists $\epsilon > 0$ such that f is defined on the hypercube $\mathcal{B}_\infty(\mathbf{x}_0, \epsilon) := \{\mathbf{x} \in \mathbb{R}^d : \|\mathbf{x} - \mathbf{x}_0\|_\infty \leq \epsilon\}$, which is the convex hull of the set $\{\mathbf{x}_0 \pm \epsilon \mathbf{e}_i\}_{i=1}^d$. The symbol \mathbf{e}_i denotes the unit vector along coordinate i .

Therefore

$$\max_{\mathbf{x} \in \mathcal{B}_2(\mathbf{x}_0, \epsilon)} f(\mathbf{x}) \leq \max_{\mathbf{x} \in \mathcal{B}_\infty(\mathbf{x}_0, \epsilon)} f(\mathbf{x}) = \max_{\mathbf{x} \in \{\mathbf{x}_0 \pm \epsilon \mathbf{e}_i\}_{i=1}^d} f(\mathbf{x}) := M(\mathbf{x}_0, \epsilon),$$

where the first inequality attributes to the fact $\mathcal{B}_2(\mathbf{x}_0, \epsilon) \subset \mathcal{B}_\infty(\mathbf{x}_0, \epsilon)$ and the second equality comes from Lemma 2.0.11. \square

Theorem 2.0.14

Let $f : \mathcal{S} \subseteq \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and $\mathbf{x}_0 \in \text{int}(\mathcal{S})$. Then f is locally Lipschitz continuous, i.e., $\exists \epsilon > 0$ and $\bar{M}(\mathbf{x}_0, \epsilon) > 0$ such that

$$|f(\mathbf{y}) - f(\mathbf{x}_0)| \leq \bar{M}(\mathbf{x}_0, \epsilon) \|\mathbf{y} - \mathbf{x}_0\|_2$$

for any $\mathbf{y} \in \mathcal{B}_2(\mathbf{x}_0, \epsilon) := \{\mathbf{x} \in \mathbb{R}^d : \|\mathbf{x} - \mathbf{x}_0\|_2 \leq \epsilon\}$

Proof. Since $\mathbf{x}_0 \in \text{int}(\mathcal{S})$, there exists $\epsilon > 0$ such that f is defined on $\mathcal{B}_2(\mathbf{x}_0, \epsilon) := \{\mathbf{x} \in \mathbb{R}^d : \|\mathbf{x} - \mathbf{x}_0\|_2 \leq \epsilon\}$

For $\mathbf{y} = \mathbf{x}_0$, the result is trivial.

Suppose $\mathbf{y} \neq \mathbf{x}_0$ and $\mathbf{y} \in \mathcal{B}_2(\mathbf{x}_0, \epsilon)$. We extend the line segment connecting \mathbf{x}_0 and \mathbf{y} so that it intersect the boundary of $\mathcal{B}_2(\mathbf{x}_0, \epsilon)$. The intersection points are denoted by \mathbf{v} and \mathbf{u} , respectively.

Define $\alpha = \frac{\|\mathbf{x}_0 - \mathbf{y}\|_2}{\epsilon}$. We have

$$\begin{aligned} \mathbf{y} &= (1 - \alpha)\mathbf{x}_0 + \alpha\mathbf{v}, \\ \mathbf{x}_0 &= \frac{\alpha}{1 + \alpha}\mathbf{u} + \frac{1}{1 + \alpha}\mathbf{y}. \end{aligned}$$

By the convexity of f ,

$$\begin{aligned} f(\mathbf{y}) &\leq (1 - \alpha)f(\mathbf{x}_0) + \alpha f(\mathbf{v}) \\ f(\mathbf{x}_0) &\leq \frac{\alpha}{1 + \alpha}f(\mathbf{u}) + \frac{1}{1 + \alpha}f(\mathbf{y}). \end{aligned}$$

We rearrange as

$$\begin{aligned} f(\mathbf{x}_0) - f(\mathbf{y}) &\leq \alpha(f(\mathbf{v}) - f(\mathbf{x}_0)) \leq \frac{\|\mathbf{x}_0 - \mathbf{y}\|_2}{\epsilon} (M(\mathbf{x}_0, \epsilon) - f(\mathbf{x}_0)) \\ f(\mathbf{y}) - f(\mathbf{x}_0) &\leq \alpha(f(\mathbf{v}) - f(\mathbf{x}_0)) \leq \frac{\|\mathbf{x}_0 - \mathbf{y}\|_2}{\epsilon} (M(\mathbf{x}_0, \epsilon) - f(\mathbf{x}_0)) \end{aligned}$$

by the fact that f is locally bounded by $M(\mathbf{x}_0, \epsilon)$.

Let $\bar{M}(\mathbf{x}_0, \epsilon) = (M(\mathbf{x}_0, \epsilon) - f(\mathbf{x}_0))/\epsilon$, we complete the proof. \square

Smooth and Strongly Convex Functions

Definition 2.0.15

A continuously differentiable function $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is called μ -strongly convex on \mathbb{R}^d if there exists a constant $\mu > 0$ such that for any $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$ we have

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{\mu}{2} \|\mathbf{y} - \mathbf{x}\|_2^2.$$

For a μ -strongly convex function, we have

$$\langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \geq \mu \|\mathbf{x} - \mathbf{y}\|_2^2.$$

Theorem 2.0.16

If $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is μ -strongly convex, then for any $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$ we have

$$\begin{aligned} f(\mathbf{y}) &\leq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{1}{2\mu} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2, \\ \langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle &\leq \frac{1}{\mu} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2, \\ \mu \|\mathbf{x} - \mathbf{y}\|_2 &\leq \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2. \end{aligned}$$

Proof. We only show the first inequality here.

For any $\mathbf{u}, \mathbf{v} \in \mathbb{R}^d$, we have

$$f(\mathbf{u}) \geq f(\mathbf{v}) + \langle \nabla f(\mathbf{v}), \mathbf{u} - \mathbf{v} \rangle + \frac{\mu}{2} \|\mathbf{u} - \mathbf{v}\|_2^2,$$

which implies

$$\begin{aligned} \min_{\mathbf{u} \in \mathbb{R}^d} f(\mathbf{u}) &\geq \min_{\mathbf{u} \in \mathbb{R}^d} \left\{ f(\mathbf{v}) + \langle \nabla f(\mathbf{v}), \mathbf{u} - \mathbf{v} \rangle + \frac{\mu}{2} \|\mathbf{u} - \mathbf{v}\|_2^2 \right\} \\ &= f(\mathbf{v}) - \frac{1}{2\mu} \|\nabla f(\mathbf{v})\|_2^2. \end{aligned}$$

Let fix some $\mathbf{x} \in \mathbb{R}^d$ and define $\phi(\mathbf{z}) = f(\mathbf{z}) - \langle \nabla f(\mathbf{x}), \mathbf{z} \rangle$. Function $\phi(\mathbf{z})$ is also μ -strongly convex, and therefore

$$\min_{\mathbf{z} \in \mathbb{R}^d} \phi(\mathbf{z}) \geq \phi(\mathbf{y}) - \frac{1}{2\mu} \|\nabla \phi(\mathbf{y})\|_2^2 \quad \text{for any } \mathbf{y} \in \mathbb{R}^d. \quad (\text{Lower-Bounded})$$

Note that $\nabla \phi(\mathbf{x}) = \mathbf{0}$, we have $\min_{\mathbf{z} \in \mathbb{R}^d} \phi(\mathbf{z}) = \phi(\mathbf{x})$.

Since $\nabla \phi(\mathbf{y}) = \nabla f(\mathbf{y}) - \nabla f(\mathbf{x})$, substituting all the ingredients back to (Lower-Bounded)

and arranging yield

$$f(\mathbf{y}) \leq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{1}{2\mu} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2$$

□

Theorem 2.0.17

If $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is μ -strongly convex and L -smooth, then for any $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$ we have

$$\langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \geq \frac{\mu L}{\mu + L} \|\mathbf{x} - \mathbf{y}\|_2^2 + \frac{1}{\mu + L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2$$

Theorem 2.0.16 will be useful for the converge analysis of gradient descent. We skip the proof here.

Theorem 2.0.18

Let $f : \mathcal{S} \subseteq \mathbb{R}^d \rightarrow \mathbb{R}$ be continuously differentiable and μ -strongly convex on a closed and convex \mathcal{S} . Then the minimum point of f on \mathcal{S} exists and is unique.

Proof. Let $\mathbf{x}_0 \in \mathcal{S}$ and define $\bar{\mathcal{S}} = \{\mathbf{x} \in \mathcal{S} : f(\mathbf{x}) \leq f(\mathbf{x}_0)\}$. Hence minimizing f on \mathcal{S} is equivalent to minimizing f on $\bar{\mathcal{S}}$.

We are going to show that $\bar{\mathcal{S}}$ is bounded.

For any $\mathbf{x} \in \bar{\mathcal{S}}$, we have

$$f(\mathbf{x}_0) \geq f(\mathbf{x}) \geq f(\mathbf{x}_0) + \langle \nabla f(\mathbf{x}_0), \mathbf{x} - \mathbf{x}_0 \rangle + \frac{\mu}{2} \|\mathbf{x} - \mathbf{x}_0\|_2^2.$$

which is rearranged as

$$\frac{\mu}{2} \|\mathbf{x} - \mathbf{x}_0\|_2^2 \leq \langle \nabla f(\mathbf{x}_0), \mathbf{x} - \mathbf{x}_0 \rangle \leq \|\nabla f(\mathbf{x}_0)\|_2 \|\mathbf{x} - \mathbf{x}_0\|_2$$

We use the Cauchy-Schwartz inequality in the last inequality and obtain

$$\|\mathbf{x} - \mathbf{x}_0\|_2 \leq \frac{2}{\mu} \|\nabla f(\mathbf{x}_0)\|_2.$$

Hence $\bar{\mathcal{S}}$ is bounded and is also closed by the fact that f is continuous on \mathcal{S} .

Therefore, the minimum point of f on $\bar{\mathcal{S}}$ exists and so does it on \mathcal{S} .

Let \mathbf{x}^* and \mathbf{x}^\dagger be two minimum points of f on \mathcal{S} .

We have

$$f(\mathbf{x}^\dagger) \geq f(\mathbf{x}^*) + \langle \nabla f(\mathbf{x}^*), \mathbf{x}^\dagger - \mathbf{x}^* \rangle + \frac{\mu}{2} \|\mathbf{x}^\dagger - \mathbf{x}^*\|_2^2.$$

□

By the fact that $f(\mathbf{x}^\dagger) = f(\mathbf{x}^*)$ and $\langle \nabla f(\mathbf{x}^*), \mathbf{x}^\dagger - \mathbf{x}^* \rangle \geq 0$, we have

$$\frac{\mu}{2} \|\mathbf{x}^\dagger - \mathbf{x}^*\|_2^2 \leq 0,$$

which implies $\mathbf{x}^\dagger = \mathbf{x}^*$

Definition 2.0.19: Not-necessarily differentiable μ -strongly convex functions

A function f is called μ -strongly convex on a convex set \mathcal{S} if for any $\mathbf{x}, \mathbf{y} \in \mathcal{S}$ we have

$$f(\lambda\mathbf{x} + (1 - \lambda)\mathbf{y}) \leq \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y}) - \frac{\mu}{2}\lambda(1 - \lambda)\|\mathbf{x} - \mathbf{y}\|_2^2$$

for any $\lambda \in [0, 1]$.

If f is differentiable, the definition is equivalent to the differentiable version.